

# Pelaksanaan perawatan metode Kanguru di rumah dan kontrol ulang paska rawat inap rumah sakit di RSSIB RSUD Kelas B Cianjur tahun 2012 = Kangaroo Mother Care (KMC) practice at home and hospital revisit after discharge in the mother baby friendly hospitel of Cianjur 2012

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## Abstrak

Perawatan Metode Kanguru (PMK) merupakan teknologi tepat guna perawatan bayi berat lahir < 2500 gram atau bayi berat lahir rendah (BBLR) dengan melakukan kontak langsung kulit ibu dan bayi. RSSIB RSUD Cianjur melaksanakan PMK sejak 2010. Penelitian ini bertujuan mengetahui pelaksanaan PMK di rumah dan kontrol ulang paska rawat inap rumah sakit menggunakan metode kualitatif dengan desain Rapid Assesment Procedure. Penelitian dilakukan pada ibu melahirkan dengan BBLR pada Maret-Mei 2012 dan dilakukan PMK. Penelitian ini menemukan bahwa pelaksanaan PMK di rumah paska rawat inap rumah sakit belum optimal, karena pemahaman ibu tentang PMK masih kurang. Perlu kerjasama rumah sakit dan Dinas Kesehatan dalam pemantauan PMK di rumah dan kontrol ulang BBLR dengan PMK.

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The Kangaroo Mother Care (KMC) is proven to be the appropriate technology in caring low birth weight babies. The aim of this study was to access KMC practise at home and hospital revisit by using qualitative methode with Rapid Assessment procedure. The informants were mother who give birth to low weight babies and practiced KMC at hospital during March until May 2012. The result showed that KMC practise at after discharge was not regularly implemented partly was die to lack of understanding about KMC techniques. Recomendation was made to hospital and district health office to build mutual cooperation in implementing and monitoring KMC practise after discharge.