

## Pengaruh perawatan metode kanguru terhadap pertumbuhan bayi, pengetahuan dan sikap ibu dalam merawat BBLR di RSUD Cibabat Cimahi

Siti Dewi Rahmayanti, author

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### Abstrak

Perawatan metode kanguru (PMK) dapat digunakan dalam merawat bayi berat lahir rendah (BBLR). Tujuan penelitian ini untuk mengetahui pengaruh perawatan metode kanguru terhadap pertumbuhan bayi, pengetahuan dan sikap ibu dalam merawat BBLR di RSUD Cibabat-Cimahi. Desain penelitian yang digunakan quasi experiment. Sampel penelitian terdiri atas 16 orang kelompok kontrol (tanpa PMK) dan 16 orang kelompok intervensi (PMK), yang diambil secara consecutive sampling.

Hasil penelitian menunjukkan tidak ada perbedaan yang signifikan dalam pertumbuhan bayi antara kelompok intervensi dan kelompok kontrol. Terdapat perbedaan yang signifikan pada pengetahuan dan sikap ibu pada kedua kelompok. Rekomendasi untuk penelitian lebih lanjut agar dilakukan teknik PMK secara continue dan intermiten.

*Kangaroo Mother Care (KMC) can be used in the care of low birth weight (LBW). The purpose of this study is to determine the effect of KMC on the growth of infants, knowledge and attitudes of mothers in caring for LBW in Cibabat Hospital. The study design used was quasi experiment. The samples in this study were 16 infants and mother in control group (without KMC) and 16 infants and mother in intervention group (KMC). Samples were taken by consecutive sampling.*

*The results showed that there were no significant differences in the growth of infants between control and intervention groups. There were a significant differences of knowledge and attitudes of mother at two group. Recommends further research with continuous and intermittent classifying of KMC.*